

Fine & Gross Motor Activities

ACTION SONGS #3

**Language Skills, Social Skills, Self-Confidence & Motor
Movement**
All ages and abilities

May 1, 2020

Fine & Gross Motor Activities

Lesson: [May 1, 2020]



Learning Target:

- *Language Skills
- *Social Skills
- *Self-Confidence
- *Motor Movement



Background:

REMEMBER:

Action songs for kids are an effective way to promote a variety of skills.

Regardless of the setting, action songs can be used during transition times, as an intervention to promote specific skills, as a fun, playful way to get kids moving, or even embedded within daily routines such as toothbrushing and getting dressed. Action songs are an excellent way to add movement breaks throughout the day.

**Links with videos are provided for your convenience. It should be noted that videos or screens are not required for children to engage in action songs, they are included here for a visual reference.

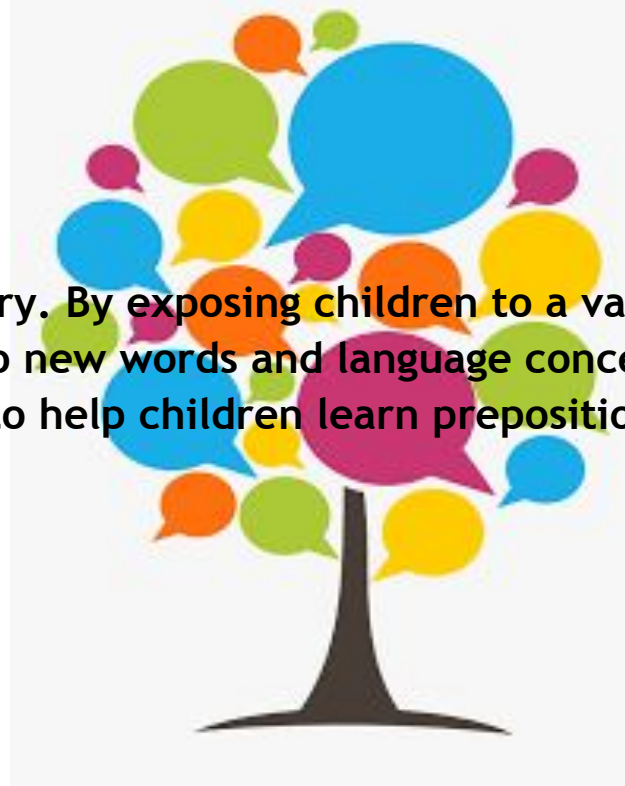
Benefits of using Action Songs:

Language skills:

Each action song has its own theme or story. By exposing children to a variety of action song themes, they are being introduced to new words and language concepts. For example, many action songs can be used to help children learn prepositions such as over, under, on, between, etc.

[We're Going on A Bear Hunt](#)

[Head, Shoulders, Knees and Toes](#)





Benefits of using Action Songs:

Social skills and self-confidence:

If children are engaging in an action song in a group setting, they are using valuable social skills. Some of these skills might include respecting personal space, staying with the group, recognizing body language and non-verbal cues, recognizing feelings/emotions in others, etc. Action songs are a non-threatening way to help children practice social skills and engage in parallel play. Additionally, because action songs are predictable and familiar, they are likely to promote self-confidence. Generally, a child's self-esteem improves when they are successful at a task and repetition is a way to further promote this skill.